

# Coming Events

22nd July 1st aid course  
 22nd July School Photos  
 29-31st July TSA YDU Basic Leadership Course  
 29th July Inzone Careers  
 30th July Waikato tertiary trip  
 1st August Year 13 Ball  
 2-5th August Wellington History trip  
 4th August Sexuality Education Whanau Evening  
 10-11th August Learning Conferences

# Deans and Form Teachers

These people play a critical role in your daughter's success. If you have any questions or concerns please do not hesitate to call her form teacher in the first instance. To arrange this please call the school office (06) 8686092

The Deans for this year are:

Debbie Tallott	Year 9
Grace Davidson	Year 10
Rita Halley	Year 11
Justine Ward	Year 12
Ingrid Meister	Year 13
Wendy Kirkwood	International Students

Gisborne Girls' High School

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# Celebrating Success

Year 12 students, Phoebe Naske and Caitlyn Huhu, have both been awarded fully funded scholarships for Outward Bound's Mind, Body and Soul course in September 2020, in Anakiwa, Marlborough Sounds.

Outward Bound is one of New Zealand's leading organisations for showing people their full potential through outdoor challenge and adventure.

Outward Bound doesn't like to give too much away; in fact, they take pride in throwing you a few curve balls! What they do say is that over 21 days the participants will experience bush expeditions, water challenges, sea voyages and height activities in stunning scenery. Time will be spent between the school in Anakiwa, the surrounding bush, mountains and waterways of the Marlborough Sounds. On top of that, participants will swim, get muddy, laugh, chill, explore, problem solve, and have an all-round epic time with 13 other new friends and two instructors.

The 21-day Mind, Body, Soul course focuses on helping teenagers build the independence and leadership qualities to make the most of their final school years and take on the new challenges lying ahead with confidence and self-belief.

So for those of you that are year 11 this year, two of you will have the opportunity to attend the Mind, Body, Soul course in 2021. Your teachers along with your dean will put forward your names for this amazing opportunity.



# Te Kura Tuarua o Tūranga Wāhine Gisborne Girls' High School Newsletter July 2020

Dear students, parents and caregivers,

He kura ao, He ao kura ko Tūranga Wāhine. Nga mihi aroha ki nga kaitiaki a o tatou rangatira.

Welcome back to school for the start of Term Three. Last term was certainly an interesting - and challenging one.

Charles Darwin said - it's not the strongest or the most intelligent who will survive, but those who are the most adaptable to change. As people, we are resilient, and when times get tough, we have to go forward and find better ways of doing things. Resilience is one of our school values and it was definitely tested over last term - actually two terms as we never managed to finish term one so this was really a 22 week term and it sure felt like it.

Mana Motuhake and Excellence were shown by many students who self-managed to keep themselves on-track with their learning over lockdown and make the best of a difficult situation. Because we had very little time to prepare for the 8 weeks away from school it was impressive how well our students adapted to distance learning - and our teachers did an amazing job too! Hopefully we won't have to do this again but I am sure that we would do even better now that we have been through this experience.

Our value of whanaungatanga was also very important especially when we got back into school and re-established our relationships. We looked after each other with the strange new rules we had to follow and we also supported each other through the very sad loss of our teacher Ms Fiona Glengarry. Fiona gave amazing service to our school community over 21 years and she will be sadly missed.

Our remaining values of Manaakitanga and Respect were always important throughout the time as we helped each other in our homes and community under what was a stressful situation.

It was so great to be back at school together over the second half of the term. Schools are meant to be communities of learners and they come alive when we are all there together. We earned a good holiday and I hope all students and teachers had a restful break and enjoyed the freedoms that we have earned.

Early this term we will hold our student conferences where all students and their whanau will meet with their form teacher to review the year to date. All students will have received their report over the holidays which will give information about their progress and conferencing will give an opportunity to discuss these.

Nga mihi nui ki a koutou.  
 Jan Kumar

The TSA's tribute to the late Fiona Glengarry.







## Ministry of Health reminder about vaping

Concerns have been expressed by school teachers and professional bodies about young people vaping and the Ministry of Health would like to reiterate its advice about vaping.

Children, young people and non-smokers should not vape (use e-cigarettes)

- people who do not smoke should not vape
- vaping products are not risk-free
- the long-term health effects of vaping are unknown
- vaping products contain nicotine which is highly addictive.

We strongly encourage anyone who feels unwell after using a vaping product to seek medical advice. Anyone who feels that a vaping product has caused harm should make a report to the Centre for Adverse Reactions Monitoring (CARM)



## Loves me not programme

Loves Me Not (LMN) is a programme GGHS uses to teach our Year 11 students about how to recognise an unhealthy relationship. It is a collaborative programme run by the Police, teachers and NGO's.

This was a successful day with the girls being engaged and learning how to keep safe.



# NO SMOKING NO VAPING AT OUR SCHOOL

## Free and Healthy School Lunches Programme

The Government is currently trialling a free, healthy, daily school lunch in some schools for all students. We are really excited to let you know that our school has been invited to join the free and healthy lunch programme from Term 4 this year.

All parents want to provide their children with lunch every day. But, as you will know, there are many reasons parents can struggle, often through no fault of their own. We know that some of you will have been particularly affected by the economic impact of the COVID-19 pandemic. Offering a lunch for all our students who need it will go some way to helping families and whānau to support their children and tamariki. This is why we have decided to take part in this programme.

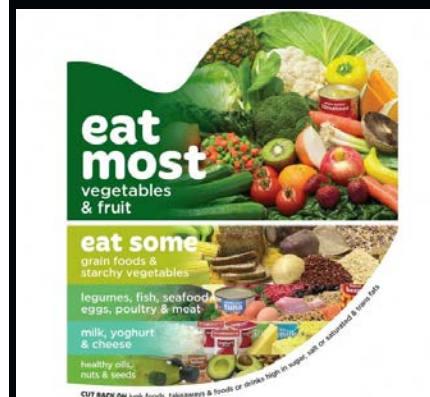
Lunches will cater for the diet, health and cultural needs of our students, and we will work with suppliers and the Ministry of Education to make sure they are healthy and nutritious. All suppliers will be required to meet New Zealand food safety standards.

The lunches will be available for all our students. While we know there are hungry children in every community, we do not always know who they are. Providing a lunch to every student means we do not need to single-out those who need it more than others. However, lunches are not compulsory, and you can continue to provide your child's own lunch if you wish.

Right now, we are working with the Ministry of Education on the best way to meet our school's needs. We are investigating current systems already in some of our Tairāwhiti primary schools and have talked to some suppliers.

Our plan at this stage is to offer free lunches in Term 4 to our junior students only as our senior students have lots happening in Term 4 with exam study leave etc. From the start of 2021, all students will be able to receive a free lunch. We will be seeking student and whānau feedback as to preferences for the type of food available and how they will be provided.

The programme will run until the end of 2021 and will be evaluated whilst it is running. This will include feedback from schools, students and suppliers about what the lunches are like, how they are delivered, and if they have an impact on students' learning and achievement. The Government will use the information from the pilot to decide whether to continue beyond 2021, and what an ongoing programme might look like. You can find out more about the programme at: [www.education.govt.nz/free-and-healthy-school-lunches](http://www.education.govt.nz/free-and-healthy-school-lunches). If you have any further questions, please contact our school office.







# Music



We had a massive couple of weekends late in the term with two band workshops to get our video submissions ready for Smokefree Rockquest, Smokefree Tangata Beats and Smokefree RQ & TB Solo/ Duo competitions. A huge thanks to Annie Crummer who came to the year 13 workshop and mentored 3 bands.

Thank you NZ Music Commission for giving the funding to have Annie.

A huge congratulations to the 7 bands (Nga Awe Makoha, Help INC, The Arcade, Divoc, Blumen, Dusk & Sixth Sense) and the 5 Solo/Duo acts (Marara, Leah, Johelonn, Keira and Beka & Kahlan) you were all amazing and did us proud. Thank you for all your hard work and pushing through the pain of blistered fingers, sore bodies and throats it was totally worth it for the results you got.

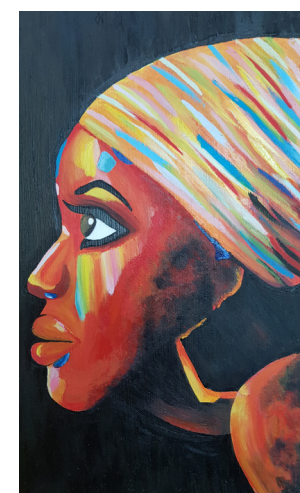
Videos will be available on our GizzyGirlsHSMusic Youtube channel in the next couple of weeks. Thanks to all who came along to support.



# Finished works



Art works from year 9, year 10 and year 13.



Year 10 Textiles finished samples



A selection of year 9 final Dances







# Careers



"I have been working Mondays at "The Beauty Depot" with my amazing boss Juana, I was given this opportunity by the career staff at Girl's High School to work in a Gateway work placement where I learn about the ordering and restocking of the beauty products. I have learned a few techniques like how to shape and tint eyelashes and I am even starting piercing training shortly so I will be able to pierce as well. I work with a friendly and supportive staff at the Beauty Depot, that always welcomes you with a smile. To support my learning, I am completing some Level 2 theory papers with HITO."

"I would like to carry on with this career path after school as well and I am planning on leaving school at the end of the year so that I can start an apprenticeship that has already been offered to me by Juana. I have even started an after school job working for Juana so that I can get in as much training as I can before I start my apprenticeship. After the apprenticeship I plan on getting qualified to the point where I can travel and always have a job wherever I go. And this is all thanks to Juana, Mrs Graham and Sha."

Charlotte Phillips - Year 12



## Holiday Barista Course



# Careers



## Forklift course



"I am doing my gateway placement with Shelagh Nolen, where I go once a week. A typical day involves getting the horses in, exercising them and washing them, their tack and feeding them. To support my learning, I am also completing some practical and theory units with NZEET. In the future I would love to work with horses, whether that is training and selling or working under a business and exercising horses."

Rebekah Tanner - Year 12

